

# TOSSED SALADS

## THAI CRUNCH <sup>DF</sup>

roasted chicken, super blend slaw, carrots, crispy wontons, cilantro, scallions, thai peanut dressing  
FULL **\$7.50** 380 CALS | HALF **\$5.75** 285 CALS

## CHICKEN CAESAR

romaine, roasted chicken, parmesan cheese, croutons, creamy caesar dressing  
FULL **\$7.50** 710 CALS | HALF **\$5.75** 532 CALS

## SOUTHWEST <sup>V GF</sup>

mixed greens, cherry tomatoes, roasted corn, black beans, avocado, red onion, julienned peppers, queso fresco, tortilla strips, southwest ranch dressing  
FULL **\$7.50** 680 CALS | HALF **\$5.75** 510 CALS

## GLOWING CITRUS <sup>GF</sup>

blackened salmon, kale, orange and grapefruit segments, avocado, quinoa, cilantro, yogurt lime cilantro dressing  
FULL **\$10.50** 430 CALS | HALF **\$8.00** 323 CALS

## CRISPY CHICKEN

romaine lettuce, crispy chicken, cheddar cheese, tomato, cucumber, green onion, ranch dressing  
FULL **\$7.50** 710 CALS | HALF **\$5.75** 533 CALS

## BEET & GOAT CHEESE <sup>V GF</sup>

mixed greens, roasted beets, avocado, walnuts, goat cheese, balsamic vinaigrette  
FULL **\$7.50** 830 CALS | HALF **\$5.75** 623 CALS

## COBB <sup>GF</sup>

romaine, bacon, egg, blue cheese, tomato, cucumber, avocado, red wine vinaigrette  
FULL **\$7.50** 770 CALS | HALF **\$5.75** 578 CALS

## TZATZIKI AVOCADO <sup>V</sup>

mixed greens, kales, avocado, feta cheese, grape tomatoes, cucumbers, crispy pitas, creamy tzatziki dressing  
FULL **\$7.50** 570 CALS | HALF **\$5.75** 428 CALS

## BUILD YOUR OWN SALAD

build your own salad with choice of greens, vegetables, cheese and dressing  
FULL **\$6.00** | HALF **\$5.00**

## FEATURED

### BLACKENED SHRIMP <sup>GF</sup>

romaine, blackened shrimp, black beans, pico de gallo, corn, avocado, creamy yogurt jalapeno dressing  
**\$7.50** 300 CALS



## OFF TO THE RIGHT START

### THAI CHOPPED SALAD <sup>VG CN</sup>

kale, quinoa, red cabbage, edamame, cucumber, carrots, peanuts, cilantro, green onion, sesame ginger vinaigrette  
**\$6.50** 480 CALS

## SIDES

SUB PLANT-BASED CHICKEN  
+\$3.00 280 CALS | <sup>VG DF</sup>

ADD CHICKEN  
\$2.00 90 CALS

ADD SALMON  
\$5.50 240 CALS | <sup>GF DF</sup>

ADD BACON (2)  
\$1.50 130 CALS | <sup>GF DF</sup>

ADD CHEESE  
\$0.75 60-115 CALS | <sup>V GF</sup>

ADD AVOCADO  
\$1.25 60 CALS | <sup>VG GF DF</sup>

GLUTEN-FREE (<sup>GF</sup>) BREAD  
AVAILABLE UPON REQUEST



<sup>V</sup>-VEGETARIAN

<sup>VG</sup>-VEGAN

<sup>GF</sup>-GLUTEN FREE

<sup>DF</sup>-DAIRY FREE

<sup>CN</sup>-CONTAINS NUTS

THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS. INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.